

# NEWTOWN PARKS AND RECREATION OPEN SWIM SCHEDULE



October 5<sup>th</sup> to May 20<sup>th</sup>, 2016

<b>MONDAYS</b>	7:15 – 9:15 PM	OPEN SWIM
<b>TUESDAYS</b>	6:00 – 6:30 AM	OPEN LAP SWIM
<b>WEDNESDAYS</b>	7:15 – 9:15 PM	OPEN LAP SWIM
<b>THURSDAYS</b>	6:00 – 6:30 AM	OPEN LAP SWIM
<b>SATURDAY</b>	1:00 – 5:00 PM	OPEN SWIM

## NOTICE:

**Please DO NOT LINGER in the locker rooms, you must exit the school promptly.**

**For morning open swim you must be out of the school by 6:40am sharp.**

No open swim during swim meets: 11/7, 11/14, 12/5, 1/16 & 1/23

Please sign up for our e-blast for updated notices regarding pool usage.

[www.newtown-ct.gov](http://www.newtown-ct.gov) click on “Subscribe to News” and check Notices/Cancellations and follow instructions.

Due to High School functions or rescheduled events, which is out of Parks and Recreation control, open swim could be canceled with little notice. Open swim is closed during school vacations, holidays and bad weather.

Whenever school is closed open swim is closed!

(High School Pool Rules on the back)

## **NEWTOWN HIGH SCHOOL SWIMMING POOL RULES AND REGULATIONS**

1. A minimum of two lifeguards and a supervisor must be on duty for any activity. If appropriate, one of the lifeguards may be designated supervisor.
2. For each multiple of 20 swimmers above 40, another lifeguard must be added. When both sexes are using the pool, it is advisable that at least one of the lifeguards be female. For the purpose of these rules, a lifeguard is defined as a certified American Red Cross Lifeguard and /or Water Safety Instructor; Verification of certification will be the responsibility of the employer.
3. The supervisor(s) on duty shall have the authority to exclude swimmers or spectators from the pool, locker room, or gallery for an appropriate period of time if they violate any basic rules, or if their conduct is such that it warrants exclusion.
4. The school or community agency using the pool must provide adequate and periodic security supervision of the adjacent locker room area.
5. The maximum number of swimmers using the pool at any one time is 80.
6. The pool is to be used only for educational programs or recreational programs sponsored by the Parks and Recreation Commission. The use of the pool for recreational activities other than those sponsored by the Parks and Recreation Commission is not permitted. The educational programs shall take precedence in all cases.
7. The Parks and Recreation Commission must make arrangements for the use of the pool through the building principal.
8. A phone must be available for emergency use while the pool is in operation. Availability of a resuscitator and defibrillator would be desirable and, if available, periodic instruction in their use shall be given to those who serve in a supervisory capacity in the pool area.
9. Basic Rules:
  - a. No person under the height of 50 inches shall be permitted in the pool unless he/she is able to swim or unless an adult is in the pool in close vicinity.
  - b. Food, chewing gum, and beverages of any type are not to be brought into the locker room, pool area, or spectator area.
  - c. Smoking is prohibited in all school facilities.
  - d. Persons in street shoes will not be permitted on the pool deck.
  - e. A soap shower must be taken prior to entering the pool. Supervisors are requested to check showering.
  - f. Only cotton or synthetic fiber swimsuits are to be worn. All other garments used for swimming, such as cut-offs, dungarees, Bermuda's, etc., shall not be permitted.
  - g. Swimmers who leave the pool area for any reason are required to shower prior to re-entering.
  - h. A child shall be forbidden the use of the pool if he or she is not toilet trained. No Swim diapers
  - i. Swimmers with a communicable disease, a nasal or ear discharge, a boil, an open sore, an abrasion or infection shall be forbidden from using the pool.
  - j. Swimmers with long hair below ear level will be required to wear bathing caps.
  - k. Swimmers shall remove all makeup prior to entering the pool.
  - l. Running, double bouncing on diving boards, and horseplay of any type will not be permitted.
  - m. The three (3) meter diving board is off limits to all swimmers. This rule does not apply when a properly certified instructor is giving instruction in a class situation or when properly instructed divers are involved in competition.
10. Testing to determine the pH concentration and chlorine residual shall be conducted daily. Chemicals shall be added accordingly to maintain pH concentration of 7.2 to 7.6 and a chlorine residual of 0.3 to 0.7 p.m.
11. The district's custodians will not open the pool until a supervisor and/or a lifeguard is present
12. The Parks and Recreation Department and the Board of Education cannot be responsible for any lost or Stolen items left in the locker rooms or at the poolside. For your own protection, if you wish to use the lockers, Bring your own lock.
13. When school is delayed due to inclement weather, morning swim will be canceled. When school is canceled Due to inclement weather or holidays, all Parks and Recreation programs, including open swim, will be Canceled.